

Scribbles Day Nursery has partnered with Nutribom as part of the Government's New Healthy Eating Initiative!



At Scribbles, we believe that healthy eating is a foundation for lifelong wellbeing – and we're proud to be part of a new wave of early years settings putting nutrition at the heart of daily life.

That's why we've partnered with Nutribom, a dedicated provider of nutritious meals for young children, to help us fully meet – and exceed – the standards of the Government's latest Healthy Eating Initiative for nurseries and preschools.

The government's Healthy Eating in the Early Years guidance (2024/2025) sets out clear expectations for:

- Balanced meals with appropriate portions from all five food groups
- Limiting sugar and salt to protect health and develop healthy tastes
- Age-appropriate portion sizes to avoid over- or under-feeding
- Positive mealtime routines to encourage good habits and food exploration
- Fresh, minimally processed foods served in a clean, supportive environment
- Encourages early years providers to work closely with families and make sure food provision reflects cultural needs and individual dietary requirements.

Nutribom's menus are designed by expert nutritionists and chefs to support:

- Healthy growth and development
- A love of real, nourishing food
- Exposure to a wide variety of tastes and textures
- Energy and focus for play and learning

All meals are freshly prepared using high-quality ingredients – with no added salt or sugar – and served in age-appropriate portions.

At Scribbles, nutrition has always been a priority. By partnering with Nutribom, we're going a step further – ensuring that every bite supports your child's physical, emotional, and cognitive development. Together, we're building strong foundations for healthy futures!