Date	AM Snack	Lunch	Dessert	PM Snack	Tea
13/10/2025	Pears And	Tuna Pomodoro	Strawberry Jelly	Honeydew Melon	Tomato Soup
	Watermelon			And Crackers	
14/10/2025	Orange And	Vegetable Ragu	Oat Milk Rice	Cucumbers And	Pea And Mint Dip
	Cucumber		Pudding	Corn Thins	With Pitta
15/10/2025	Honeydew Melon	Roasted Potatoes	Sponge With	Bananas And Rice	Ham Sandwich
	And Strawberries	With Chicken	Lemon	Cakes	
16/10/2025	Cucumbers And	Chilli Con Carne	Honeydew Melon	Pears And	Vegetable Bread
	Plums		Yogurt	Crackers	And Avocado Dip
17/10/2025	Bananas And	Banana Chicken	Bananas And	Orange And Corn	Spinach Soup
	Apples	Curry	Custard	Thins	

Week	2
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Date	AM Snack	Lunch	Dessert	PM Snack	Tea
20/10/2025	Bananas And	Beef Bolognese	Lemon Yogurt	Orange And	Chicken Canja
	Rice Cakes			Cucumber	With Rice
21/10/2025	Watermelon And	Sag Aloo Curry	Sponge With	Honeydew Melon	Rice Salad
	Corn Thins		Sultanas	And Strawberries	
22/10/2025	Orange And	Tuna Paprika Rice	Poached Apples	Cucumbers And	Carrot Soup
	Crackers		with Cinnamon	Plums	
23/10/2025	Strawberries And	Burritos	Mahelibi With	Bananas And	Tomato Pasta
	Rice Cakes		Strawberries	Apples	
24/10/2025	Cucumbers And	Biftekia	Chocolate Yoghurt	Pears And	Detroit Pizza
	Corn Thins		With Banana	Watermelon	

Week 3

Date	AM Snack	Lunch	Dessert	PM Snack	Tea
27/10/2025	Cucumbers And	Chicken Jardineira	Sponge With	Pears And	Pasta Salad
	Plums		Banana	Crackers	
28/10/2025	Bananas And	Chilli Con Broccoli	Summer Fruits	Orange And	Bagels With
	Apples		Yogurt	Corn Thins	Cream Cheese
29/10/2025	Pears And	Chicken Arrabiata	Apple And	Strawberries And	Butterbean Dip
	Watermelon		Summer Fruits	Rice Cakes	With Cucumber
			Crumble		
30/10/2025	Orange And	Fish Curry	Poached Pears	Plums And	Chicken Canja
	Cucumber		With Cinnamon	Crackers	With Orzo
31/10/2025	Honeydew Melon	Smashed	Banana Yogurt	Bananas And	Vegetable Pasta
	And Strawberries	Potatoes With		Corn Thins	
		Beef			