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WEEK 1 Winter Menu DESSERT

Monday – Strawberry Jelly
Dextrose, Sugar, Beef Gelatine, Acid (Citric Acid), Colour (Beetroot Juice Concentrate, Annatto Norbixin), Acidity Regulator (Trisodium Citrate), Flavouring.

Tuesday – Peach And Custard
Custard - Whey Powder (**Milk**), Sugar, Maize Starch, Palm Oil, Natural Flavoring, Glucose Syrup, Color (Annatto Norbixin), **Milk** Proteins, Emulsifier (Triphosphates), Anti-Caking Agent (Silicon Dioxide), Peach.

Wednesday – Lemon And Oat Cake
Wheat Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Sugar, Wheat Starch, Rapeseed Oil, Dried Skimmed **Milk**, Raising Agents (Sodium Bicarbonate, Monocalcium Phosphate, Diphosphates), Palm Fat, Dried Egg, Dried **Egg** White, **Soya** Flour, Natural Flavoring, Emulsifier (Mono- and Di-Glycerides of Fatty Acids) May also contain Barley, Kamut (**Wheat**), Oats, Rye, Spelt (**Wheat**), Lemon and **Oats**.

Thursday – Chocolate Rice Crispies
Sugar, Vegetable Fat (Palm Kernel, Palm Shea), Whey Powder (**Milk**), Fat-Reduced Cocoa Powder, Emulsifier: Lecithins (**Soya**), Emulsifier: E476, Natural Vanila Flavouring, Rice, **Barley** Malt Extract, Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12, Unsalted Butter (**Milk**).

Friday – Banana Pancake With Fruit Sauce
Wheat Flour, Baking Soda, Sugar And Banana. (Fruit Sauce might vary).

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WEEK 2 Winter Menu DESSERT

Monday – Chocolate Salame

Sugar, Cocoa Powder, Acidity Regulator (Potassium Carbonates), Flavouring, Unsalted Butter (**Milk**), Tea Biscuits – **Wheat** Flour (Calcium Carbonate, Iron, Nicotinamide, Thiamin), Palm Oil, Rapeseed Oil, **Barley** Malt Extract, Raising Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Glucose Syrup, Salt, Sodium **Metabisulphite**, Citric Acid And **Milk**.

Tuesday – Flapjacks

Oats, Partially Inverted Refiners Syrup, Unsalted Butter (**Milk**).

Wednesday – Chocolate Custard And Bananas

Custard - Whey Powder (**Milk**), Sugar, Maize Starch, Palm Oil, Natural Flavoring, Glucose Syrup, Color (Annatto Norbixin), **Milk** Proteins, Emulsifier (Triphosphates), Anti-Caking Agent (Silicon Dioxide), Sugar, Cocoa Powder, Acidity Regulator (Potassium Carbonates), Flavouring And Banana.

Thursday – Orange Jelly

Dextrose, Sugar, Beef Gelatine, Acid (Citric Acid), Colour (Beetroot Juice Concentrate, Annatto Norbixin), Acidity Regulator (Trisodium Citrate), Flavouring.

Friday – Banana Cake

Wheat Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Sugar, Wheat Starch, Rapeseed Oil, Dried Skimmed **Milk**, Raising Agents (Sodium Bicarbonate, Monocalcium Phosphate, Diphosphates), Palm Fat, Dried Egg, Dried **Egg** White, **Soya** Flour, Natural Flavoring, Emulsifier (Mono- and Di-Glycerides of Fatty Acids) May also contain Barley, Kamut (**Wheat**) and Banana.

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DESSERT ALTERNATIVES

Cake - Wheat Flour, Baking Soda, Sugar. **(Dairy Free, Egg Free And Soya Free)**

Vegan Custard - Soya Base, Hulled **Soya** Beans, Sugar, Modified Starch, Chicory Root Fibre, Calcium, Flavourings, Sea Salt, Thickener, Turmeric Concentrate And Vitamins B2, B12, D2.

Chocolate Rice Crispies – Sugar, Cocoa Butter, Cocoa Mass, Shea Fat, Rice Syrup, Rice Starch, Chicory Root, Rice Flour, Emulsifier (Sunflower Lecithins), Rice, **Barley** Malt Extract, Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12, Water, Rapeseed Oil, Palm Kernel Oil, Salt, Acidity Regulator (Citric Acid), Flavouring, Colour (Beta-Carotene), Vitamin A, Vitamin D. **(Dairy Free, Egg Free And Soya Free)**